

9<sup>th</sup>

# NUHS Colorectal Week



## PROGRAMME

### **Laparoscopic Cadaveric Colorectal Surgery Workshop**

7<sup>th</sup> June 2018

### **3<sup>rd</sup> NUH Colorectal Nurses Symposium - Nurses Leading the Way!**

8<sup>th</sup> June 2018

*Concurrently with Nurses Symposium - Patients Seminar*

### **3<sup>rd</sup> NUH Singapore Colorectal Cancer Symposium (SCCS)**

Adenoma to Colon Cancer: Current Management Strategies and Innovation

8<sup>th</sup> - 9<sup>th</sup> June 2018

[www.sccs.com.sg](http://www.sccs.com.sg) | [info@sccs.com.sg](mailto:info@sccs.com.sg)

# LAPAROSCOPIC CADAVERIC COLORECTAL SURGERY WORKSHOP

7<sup>th</sup> June 2018

## Cadaveric Workshop on TATME and Colectomy

**Focus:** Personalised proctorship on laparoscopic oncological dissection of colon and rectum

**Venue:** Advanced Surgery Training Centre (ASTC),  
National University Hospital, Level 2, Kent Ridge Wing

Time	Programme
08:00 - 08:15	Registration
08:15 - 08:35	Introduction talk
08:35 - 08:45	Wet lab safety briefing
08:45 - 09:00	Meet 1 <sup>st</sup> mentor: to individualised and pre-op planning
09:00 - 11:30	TaTME: 1 <sup>st</sup> Cadaver ColectomyTeam: 1 <sup>st</sup> Cadaver
11:30 - 12:45	Mid session review with mentor over lunch
12:45 - 13:00	Meet 2 <sup>nd</sup> Mentor
13:00 - 15:30	TaTME: 2 <sup>nd</sup> Cadaver ColectomyTeam: 2 <sup>nd</sup> Cadaver
15:30 - 16:15	Demonstration of ELAPE
16.15 - 16.30	On-Q Catheter Placement
16:30 - 16:45	Closing remarks and certificate presentation

# LAPAROSCOPIC CADAVERIC COLORECTAL SURGERY WORKSHOP

7<sup>th</sup> June 2018

Fresh Frozen Cadavers are used for 2 different groups of participants:

- Transanal total mesorectal excision (TaTME)
  - Each TaTME participant will perform the entire TaTME procedure on 1 full cadaver and get to assist in a 2<sup>nd</sup> cadaver
  - 1 to 1 instructor to participant ratio
- Different approaches to Colectomy: Middle colic dissection, splenic flexure mobilisation and tips and tricks for complete mesocolic excision (CME)
  - Each Colectomy participant will perform all the above procedures and assist in a 2<sup>nd</sup> cadaver
  - 1 to 1 instructor to participant ratio

TATME Steps Breakdown	
30mins	Insertion of Gelpoint Path PORT and setup of Airseal
30mins	Pursestring stitch
30mins	Getting into the plane
30mins to 1 hour	Complete TME dissection
Till Finish	Closure of anal Canal

Colectomy Steps Breakdown	
30mins	Insertion of Laparoscopic ports and Pneumoperitoneum
30mins	Mobilisation of Splenic flexure (Inferio-medial vs lateral approach)
30mins	Identification of Ileocolic Vessel
30mins to 1 hour	Middle colic dissection
Till Finish	Removal of Total colectomy specimen

# LAPAROSCOPIC CADAVERIC COLORECTAL SURGERY WORKSHOP

7<sup>th</sup> June 2018

## FOREIGN FACULTY

- Phillip FLESHNER  
Cedars-Sinai Medical Center  
UCLA School of Medicine, California  
Los Angeles. USA
- Michael SOLOMON  
Royal Prince Alfred Hospital  
Sydney, Australia
- SHEN Zhanlong  
Peking's University People's Hospital  
Beijing, China
- Peter, Chien-Chih CHEN  
Koo Foundation, Sun Yat-Sen Cancer Center  
Taipei, Taiwan

## LOCAL FACULTY

- |  |  |
|--|--|
| • CHEONG Wai Kit<br>National University Hospital   | • LEE Kuok Chung<br>National University Hospital |
| • CHONG Choon Seng<br>National University Hospital | • Bettina LIESKE<br>National University Hospital |
| • Ridzuan FAROUK<br>National University Hospital   | • Frances LIM<br>National University Hospital    |
| • Sharon KOH<br>National University Hospital       | • TAN Ker Kan<br>National University Hospital    |



# 3<sup>rd</sup> NUH COLORECTAL NURSES SYMPOSIUM

8<sup>th</sup> June 2018

## Nurses Leading the Way!

8<sup>th</sup> June 2018 (Friday)

### Nurses Session

Venue: National University Health Systems, Auditorium, level 1, Tower Block

Time	Topic	Speaker
9.00am	<b>Nurses to join SCCS symposium from 9am to lunch (programme on next page)</b>	
1.00pm	Hands-on with Stoma Care	Ms Lim Pui Yee, Ms Jennifer Tan National University Hospital
2.30pm	Enhanced Recovery Experience - Nurse's Perspective	Ms Rachael Nakawungu, National University Hospital
2.50pm	Psychological and Allied Health Support for Colorectal Cancer Patients	Ms Sarah O'Shannassy, Royal Prince Alfred Hospital
3.30pm	Tea break	
3.45pm	Booths Visit and Interactions	
4.15pm	Stories of Hope	Patient Ambassadors: Mr Leonard Cheok, Ms Patricia Mary Cheah
4.45pm	Closing and Remarks	Dr Cheong Wai Kit

### Patients Session

Venue: National University Health Systems, T12-02/03, level 12, Tower Block

Time	Topic	Speaker
12.30pm	Lunch	
1.00pm	Psychological and Allied Support for Colorectal Cancer Patients	Ms Sarah O'Shannassy, Royal Prince Alfred Hospital
1.40pm	Stoma Ambassadors Video of Life After Stoma Formation	Stoma Ambassadors
2.00pm	Mindfulness	Dr Piyanee Yobas
2.45pm	Exercise and Interactions	Ms Sin Chee
3.30pm	Tea break (move to auditorium after tea break)	
3.45pm	Booths Visit and Interactions	
4.15pm	Stories of Hope	Patient Ambassadors: Mr Leonard Cheok, Ms Patricia Mary Cheah
4.45pm	Closing and Remarks	Dr Cheong Wai Kit

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# 3<sup>rd</sup> NUH SINGAPORE COLORECTAL CANCER SYMPOSIUM (SCCS)

8<sup>th</sup> – 9<sup>th</sup> June 2018

## Adenoma to Colon Cancer: Current Management Strategies and Innovation

8<sup>th</sup> June 2018 (Friday)

**Venue:** National University Health System, Auditorium, level 1, Tower Block

Time	Topic	Speaker
9.00am	Welcome Address	Dr Cheong Wai Kit
<b>Session 1: Colon Cancer Screening (Moderator: Adj. Assoc. Prof. Goh Hak Su &amp; Dr Cheong Wai Kit)</b>		
9.10am	How to achieve ideal bowel preparation?	Dr Lee Keat Hong
9.30am	Is my polyp detection rate ideal?	Dr Lim Jit Fong
9.50am	Update on colonoscopy screening guidelines	Adj Asst. Prof Seow Choon Sheong
10.10am	Future direction in colorectal cancer screening	Asst. Prof Tan Ker Kan
10.30am	Interactive case discussion: colon cancer screening	Dr Cheong Wai Kit
10.45am	Teabreak	
11.30am	<b>Patient's Journey Discussion Panel –</b> <ul style="list-style-type: none"> <li>• <b>Moderators: Asst. Prof Bettina Lieske, Dr Lee Kuok Chung and Ms Rachael Nakawungu</b></li> <li>• Patients: Ms Jamie, Ms Geetha, Ms Asiah, Mr Wong</li> </ul> <p>Interactive session with patients touching briefly on the following topics:</p> <ul style="list-style-type: none"> <li>• What is holding patients back from colon cancer screening?</li> <li>• Differing ethnic and racial views on colon cancer screening</li> <li>• Who is the key decision maker on screening: patient or their family members?</li> <li>• What do patients really want from their doctors?</li> </ul>	
12.30pm	Lunch	

# 3<sup>rd</sup> NUH SINGAPORE COLORECTAL CANCER SYMPOSIUM (SCCS)

8<sup>th</sup> – 9<sup>th</sup> June 2018

**8<sup>th</sup> June 2018 (Friday)**

**Venue:** National University Health System, Tower Block, level 8, T08-03/04

Time	Topic	Speaker
<b>Session 2: Controversies on Endoscopic Polypectomy (Moderator: Dr Frances Lim &amp; Dr Ng Chee Yung)</b>		
1.30pm	Do all polyps need to be resected?	Dr Sharmini Su Sivarajah
1.45pm	Should we institute a resect and discard policy?	Dr Keijiro Sunada
2.00pm	Is TAMIS or ESD better for rectal lesions?	Dr Peter, Chien-Chih CHEN
2.20pm	Tips on removing a complex polyp	Assoc. Prof. Tan Kok Yang
2.40pm	Interactive case discussion: endoscopic polypectomy	
<b>Session 3: Making Surgery Safer - Importance of Perioperative Planning (Moderator: Adj Asst. Prof Tan Wah Siew &amp; Adj. Asst. Prof Cheryl Lau)</b>		
3.00pm	Optimizing nutrition before surgery	Dr Ridzuan Farouk
3.15pm	Optimizing the patient from the anesthetist perspective	Dr Leong Siaw May
3.30pm	How to implement ERAS successfully?	Dr How Kwang Yeong
3.45pm	Interactive case discussion: preoperative planning	
4.00pm	Break	
<b>Session 4: Challenging Intraoperative Issues (Moderator: Asst. Prof Tan Ker Kan &amp; Dr James Ngu)</b>		
4.30pm	Managing the unexpected intraoperative findings	Prof Francis Seow Choen
4.45pm	Intraoperative catastrophes: how to handle them	Prof Phillip Fleshner
5.00pm	Middle colic dissection made easy	Dr Yeo Shen Ann, Eugene
5.15pm – 6.00pm	Discussion panel: intraoperative decisions	

# 3<sup>rd</sup> NUH SINGAPORE COLORECTAL CANCER SYMPOSIUM (SCCS)

8<sup>th</sup> – 9<sup>th</sup> June 2018

## Adenoma to Colon Cancer: Current Management Strategies and Innovation

9<sup>th</sup> June 2018 (Saturday)

Venue: National University Health System, Auditorium, level 1, Tower Block

Time	Topic	Speaker
8.45am	<b>Prof Abu Rauff Lectureship: Surviving Recurrent Colorectal Cancer - Is It Worth it?</b>	Prof Michael Solomon
<b>Session 1: Controversies in Colon Cancer Therapy (Moderator: Dr Christopher Keh &amp; Asst. Prof Bettina Lieske)</b>		
9.15am	Role of neoadjuvant chemotherapy for colon cancer	Dr Raghav Sundar
9.30am	How much lymph node dissection is enough?	Assoc. Prof Shen Zhan Long
9.45am	Updates on immunotherapy for colon cancer	Dr Yong Wei Peng
10.00am	Interactive case discussion: colon cancer therapy	Dr Frances Lim
10.45am	Break	
<b>Session 2: The Latest and Greatest in Colorectal Surgery (Moderator: Dr Ridzuan Farouk &amp; Dr Fong Sau Shung)</b>		
11.00am	Surgical 'toys': Do we really need them?	Dr Aimee Gough
11.15am	Role of imaging in surgical planning	Dr Koh Hui Liang
11.30am	What is the future of TaTME?	Dr Peter, Chien-Chih CHEN
11.45am	Latest evidence on Lateral pelvic Lymph Node Dissection	Prof Michael Solomon
12noon	Q&A	
12.15pm	Closing remarks	Dr Cheong Wai Kit
12.30pm	Informal social hour/ lunch	